

Let's make a holiday routine

Time is very valuable and we need to learn to make the most of every minute we have. After all, once time has passed, it will never return again!

To help make use of our free time and also get things done, it's important to plan a daily routine.

By doing this we will have plenty of time to play and have fun while making sure we study, worship Allah Ta'ala, help our parents and spend time with family.

Today's activity is to make a good timetable and give everything a time so we don't forget.



Activity



Download and Print the templates



Option 1: Use the one we have made and just add your times



Read 'How to Spend my Holiday'



Option 2: Use the blank template and make your own (cut and glue the tasks)



Choose a template.



Option 3: For the young ones, use the image to make a timetable.



Salah



Read the five daily Salah on time. We must not miss any Salah.

Breakfast/Lunch/Dinner

Everytime we eat and drink, follow the Sunnah and also thank Allah Ta'ala.



Qur'an Time



Spend some time very lovingly reading the Qur'an and earn 10 rewards for each letter you read!

Surah Yaseen



Begin the day with Surah Yaseen and Allah Ta'ala will make everything easy.

Dhikr (Zikr)



It's important to spend some time remembering Allah Ta'ala. Read Subhanallah, Alhamdulillah, astaghfirullah etc 100 times.

Help Parents



Our parents deserve a lot of kindness and we should aim to help them as much as possible.

Physical Activity



Look after your health and be active by running, bike riding or playing a sport.

Play/Fun Time



Play and have fun, but remember not to do anything wrong. Also aim to avoid or limit screen time to a maximum of 2 hours a day!

Family Time



Families need to spend more time together and understand each other. Set a time when everyone is home and enjoy some time together.

Surah Mulk/ Du'a



Daily read Surah Mulk before sleeping. Also set a time to ask Allah Ta'ala for your needs

Sleep



We should aim to sleep early to easily wake up for Fajr Salah. Also follow all the sunnah of sleeping for extra reward.

Book Read



Daily read an Islamic book together as a family. One person will read and the others will listen.

My Dailly Holiday Routine

Morning



*Fajr
Salah*

Breakfast

*Surah
Yaseen*

*Qur'an
Time*

*Help
Parents*

Play

Lunch

Afternoon



*Duhar
Salah*

*Physical
Activity*

Dhikr

Play

*Help
Parents*

Dinner

Asr Salah

Evening



*Maghrib
Salah*

*Family
Time*

*Book
Read*

*Isha
Salah*

*Surah
Mulk*

*Make
Du'a*

Sleep



Morning



Afternoon



Evening



My Daily Routine Cards

Fajr Salah

Duhar Salah

Maghrib Salah

Breakfast

Physical Activity

Family Time

Surah Yaseen

Dhikr

Book Read

Qur'an Time

Play

Isha Salah

Help Parents

Help Parents

Surah Mulk

Play

Dinner

Make Du'a

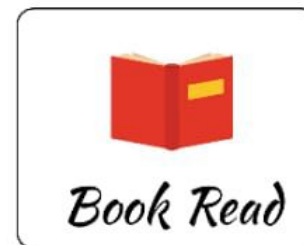
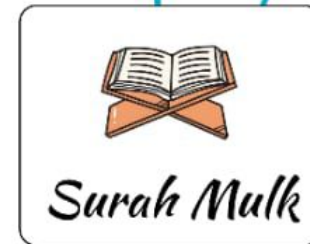
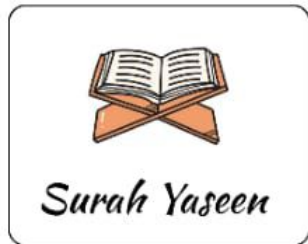
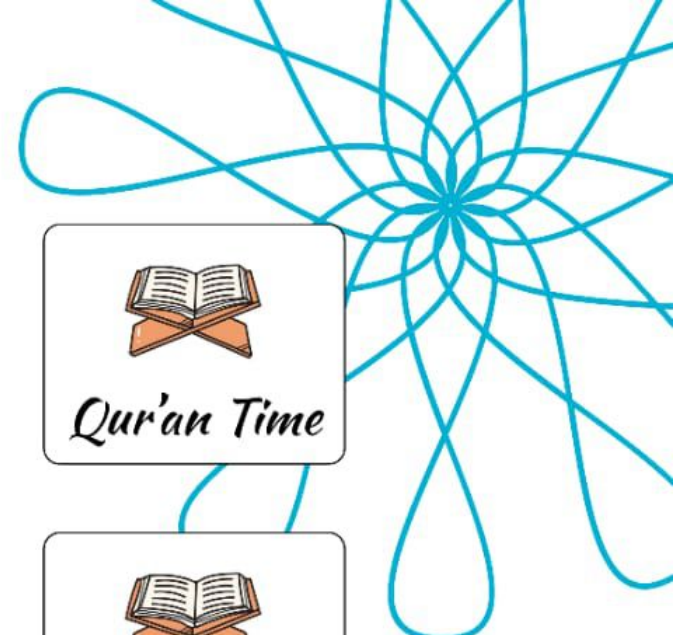
Lunch

Asr Salah

Sleep



My Daily Routine Cards





In the Morning I will

First, Next and Then.

1

2

3

4

5



In the Afternoon I will

First, Next and Then.

1

2

3

4

5



In the Evening I will...

First, Next and Then.

1

2

3

4

5