

# Wudhu Activity Book

## You will need:

- Tissue paper / Coloured paper
- Coloured Card
- Scissors
- Glue stick
- Water colour paint/ Colouring pencils
- Extra decorations

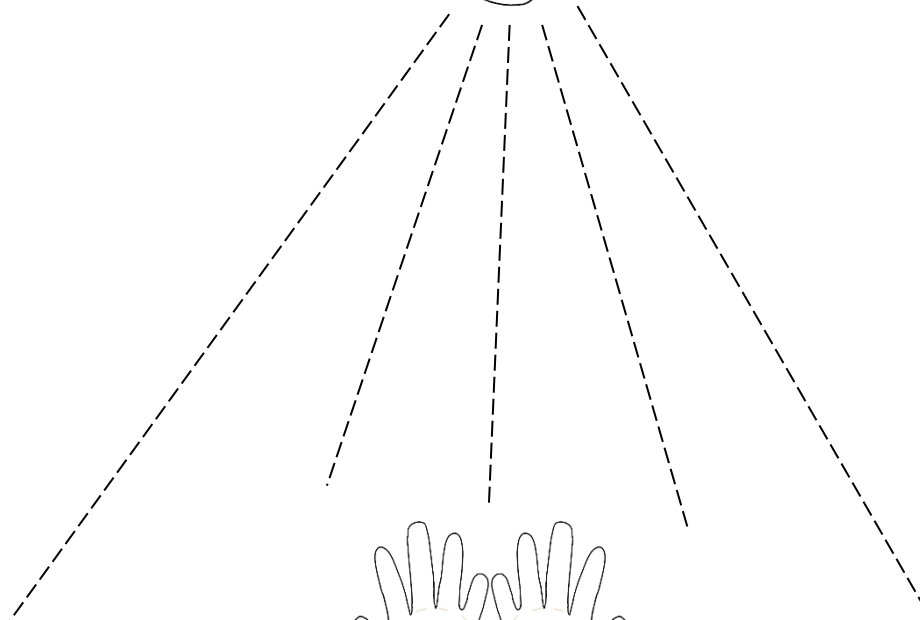
Go through the activity book to learn the steps of doing wudhu. Get creative and learn well!



Before we pray salah or hold and read the Quraan we must first do wudhu. Let's practise the steps of wudhu together.

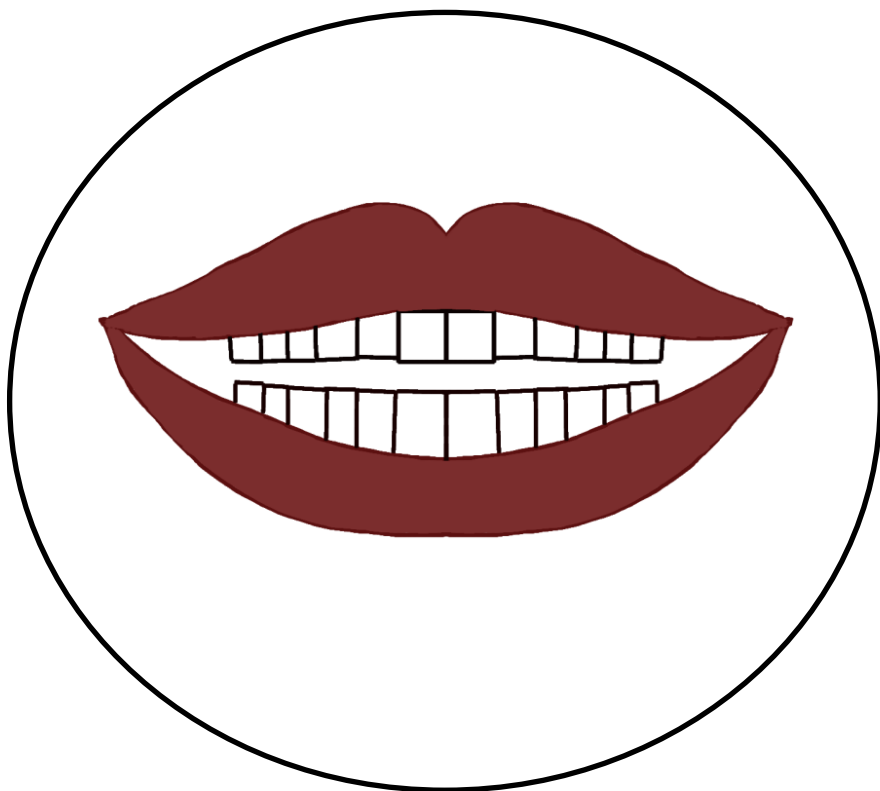
1. Begin by making niyyah (intention) in your heart that you are making wudhu. Next, say the dua before making wudhu which is, "Bismillahi wal hamdulillah." Now we are ready to wash ourselves and perform wudhu. Turn the tap on and wash your right hand **3 times** and then your left hand **3 times**.

Colour the tap and then using blue tissue paper or blue coloured paper, fill in the gaps between the lines up to the hands.



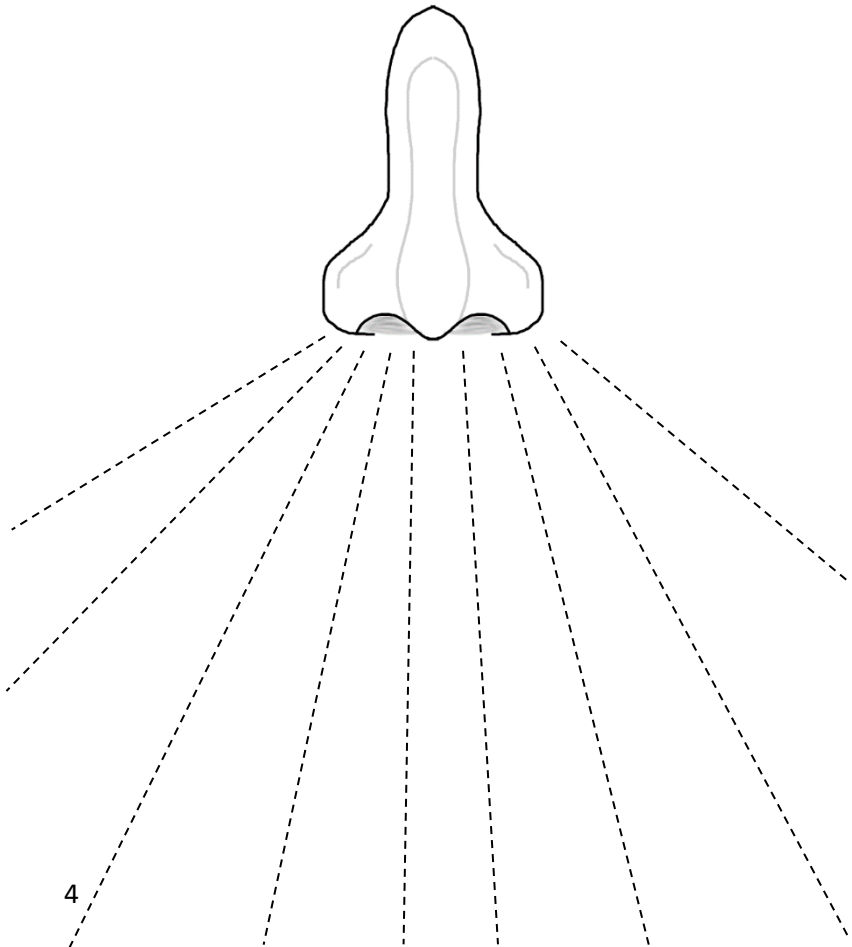
2. Now we need to gargle our mouth **3 times**. Put water into your mouth with your hands and rinse the water out **3 times**. If you have a miswaak, this is the time to use it and earn even more rewards!

Colour the circle in showing that we need to wash the mouth. Cut the miswaak given at the end of the activity book (page 9) and use it to brush the teeth.



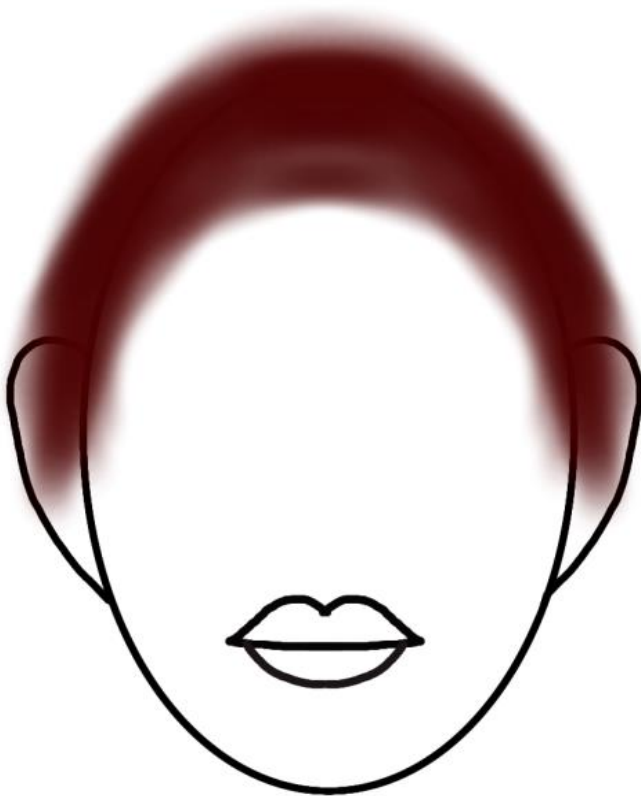
3. After washing the mouth, we need to clean our nose. Gently collect water into your palm and place it inside your nose. Then blow the water out your nose. We also need to do this **3 times**.

Colour between the dotted lines. On one side of the nostril, colour between the lines in blue. On the other nostril, colour between the lines in any other colour.



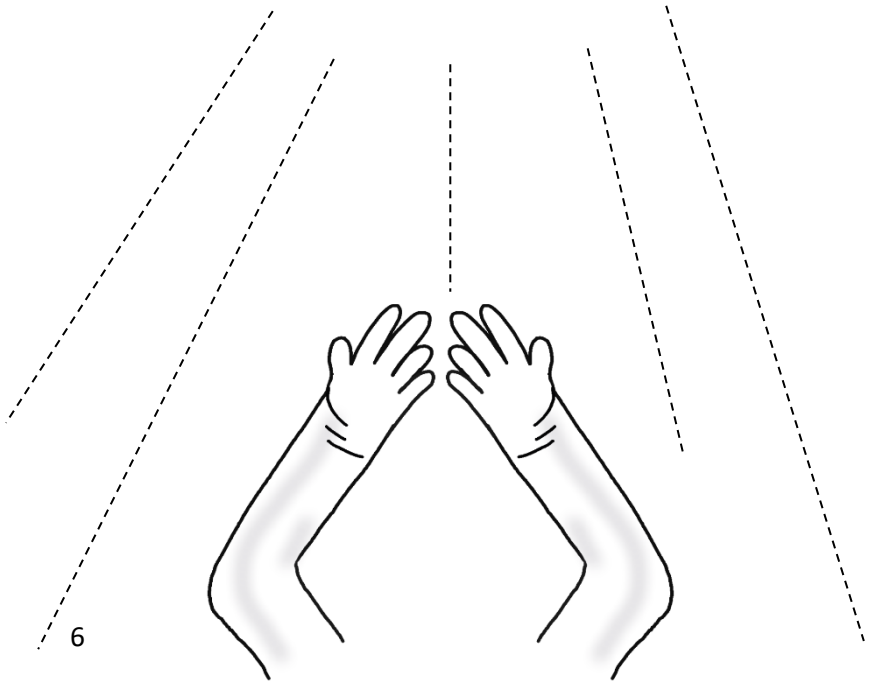
4. Now we need to wash our entire face **3 times**. Make sure to wash from the top of the forehead to below the chin and from one earlobe to the other.

Colour or use watercolour paint on the face. Colour the whole face in blue to show where the water needs to reach.



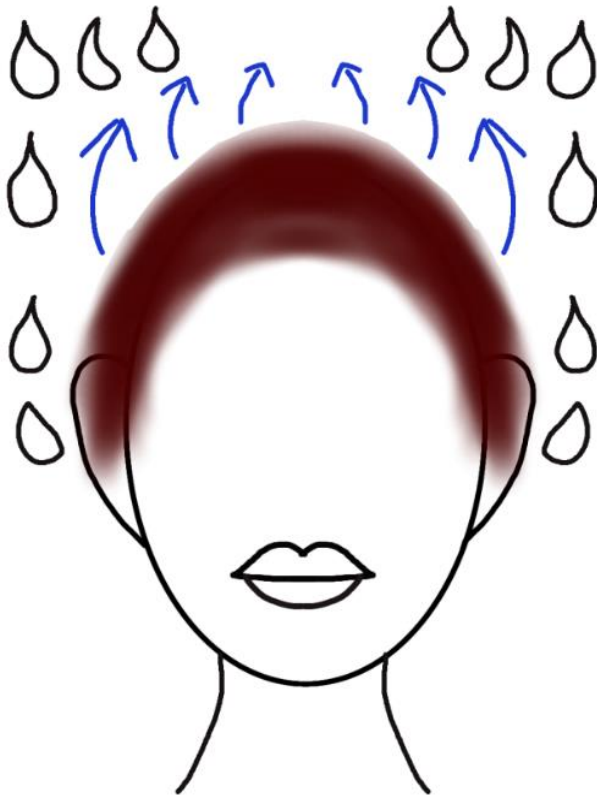
5. We are nearly finished, just a few more steps! It's time to wash our arms. We need to wash our right arm including the elbows 3 times. Then we need to wash our left arm including the elbows 3 times.

Cut the tap from the last page (page 9) of the activity book. Carefully stick it on top of the dotted lines. Then cut coloured card and stick it between the gaps to show water going towards the arms.



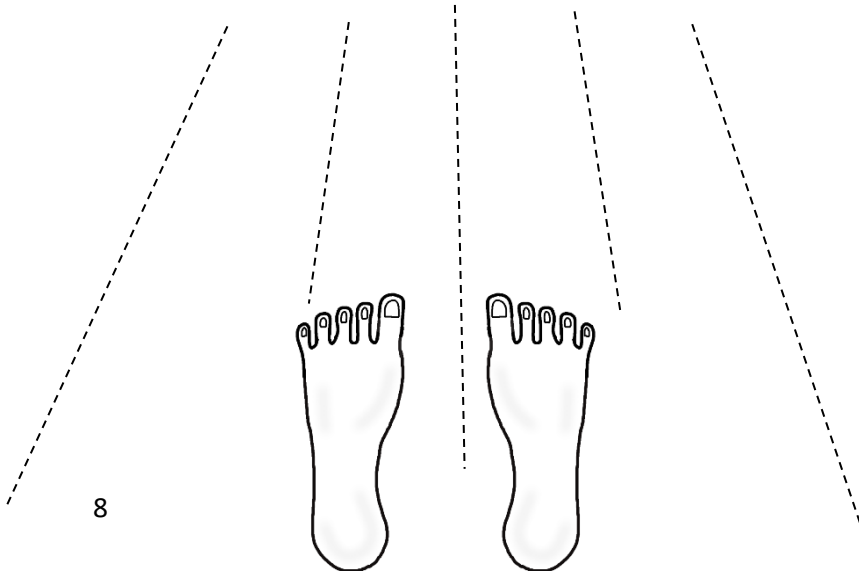
6. Now we need to do masah of the head. This means using the remaining water from our hands and passing it over our entire head. Use your 3 small fingers to pass the water over your head and then using you thumb and index finger, do masah (pass water) of your ears. Now using the back of your palms, do masah of the back of your neck. This all only needs to be done **once**.

**The arrows show the direction of doing masah. Colour the water droplets and face in.**

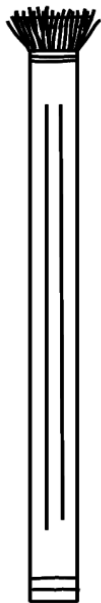


7. Now we need to wash our feet up to the ankles **3 times**. After this do khilaal of the fingers by passing one hand into the other. We should also do khilaal of our feet. To do this, use your smallest fingers and pass it through between each toe ensuring water reaches in the hard to reach places. That's it! You've completed your wudhu! Well done! You can try practising wudhu by doing a practical at home with your parents.

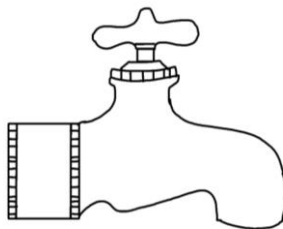
**Cut the tap from the last page (page 9) of the activity book. Carefully stick it on top of the dotted lines. Then cut coloured card and stick it between the gaps to show water going towards the feet.**



Cut the miswaak out and colour it. Then use it to "brush" the teeth inside the mouth on page 3.



Cut the tap and put it on top of the water lines to wash the arms on page 6.



Cut the tap and put it on top of the water lines to wash the feet on page 8.

