

Firstly weigh out all your ingredients



1) 250 grams butter



2) 1 Cup Plain Flour



3) 3/4 Cup Sugar



4) 1/2 Cup Dates



7) 3 Cups Oats



6) 1 Cup Coconut



8) 2 TBLS Golden syrup

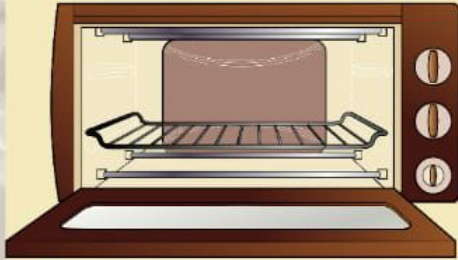


5) 1 Tsp Baking powder



# Flapjacks Recipe

1) Preheat the oven to Gas mark 3 or 160 Degrees on a electric fan oven.



2) Firstly melt 250 grams of butter on medium heat



3) Then add all your measured ingredients into the saucepan with melted butter and mix thoroughly.



4) Empty the mixture in a medium size greased non stick tray and flatten it equally with the back of a spoon.



5) Bake in the oven for 20-25 minutes till golden brown. Let it cool for 10 minutes in room temperature.



6) make slight cuts for your pieces. Finally when thoroughly cooled then remove the pieces and enjoy!

