

# Sunnats of Drinking



Always sit and drink. Our beloved Nabi ﷺ prohibited us from standing and drinking.

Use the right hand to drink as shaytaan eats and drinks with his left hand.



Bismillah

Read 'Bismillah' before drinking

Drink in 3 sips. Our beloved Nabi ﷺ said this was more enjoyable and more healthy.



Do not breathe into the cup you are drinking from. Move the cup away from your mouth between each sip.

After Drinking say 'Alhamdulillah' and read the following Du'a: الْحَمْدُ لِلَّهِ الَّذِي سَقَانَا عَذْباً فُرَاتاً بِرَحْمَتِهِ وَلَمْ يَجْعَلْهُ مِلْحاً أَجَاجاً بِذُنُوبِنَا

Alhamdulillah