Week 1-2

My Daily Good Deeds

Name: _____

Dec / Jan	SALAAH RECORD	Sadaqah Tick	Surah Yaseen Amount read	Surah Mulk Amount read	Surah Kahaf (Friday Only) Amount read	Durood x300 Amount read	Istighfar x100 Amount read	3rd Kalima x100 Amount read	Tasbeeh After Salaah Tick	Dua 3 mins How long
Mon 21	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Tue 22	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Wed 23	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Thu 24	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Fri 25	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Sat 26	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Sun 27	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Mon 28	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Tue 29	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Wed 30	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Thu 31	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Fri 1	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Sat 2	F[ ] Z[ ] A[ ] M[ ] I[ ]									
Sun 3	F[ ] Z[ ] A[ ] M[ ] I[ ]									

How to Fill in:

Salah Record: Daily perform 5 times salah and tick box

Sadaqah: Take out a small amount of sadaqah daily

Surah Yaseen/Mulk (Daily):
Age 5-7: 1 Side | Age 7-8: 2 sides
Age 9-10: 3 Sides| Age 10+: Full

Surah Kahaf (Friday only):
Age 5-7: 1 Side | Age 7-8: 2 sides
Age 9-10: 3 Sides| Age 10+: Full

Istighfar, 3rd Kalima: At least 100 times or as much as possible. Note down the amount read

Durood: At least 300 times or as much as possible. Note down amount read.

Tasbeeh After Salaah: 33 times Subhanallah, 33x Alhamdulillah, 34x Allah akbar.

Dua: Raise your hands and ask for all the good things you want and safety from all harms. Ask for your teachers, parents, family and everyone around the world!